

Health Impact Assessment Screening Record Sheet

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Conducted by: Christine Rudgley, Jane Trowman & Meinir Owen

Title of programme: New Residential and Nursing Care Home at Penyberth on the Penrhos site

Description (including key aims and objectives)

The remit of the Project / Programme is to:

Develop (as a public sector partnership) permanent, modern, fit for purpose residential and nursing care accommodation at Penyberth on the Penrhos site, Pwllheli.

The investment objectives are:

- To support the rebalancing of the residential and nursing care market (for the Gwynedd area) by increasing delivery from the public / not for profit sector focused on delivering person centred outcomes for all.
- To support the provision of care closer to home by improving the accessibility of residential and nursing care, ensuring provision of services in the Welsh language.
- To support sustainability of local residential and nursing care provision through a collaborative, partnership approach which will integrate with the wider spectrum of care delivered from the Penrhos site.
- To develop an innovative workforce model that will support the long-term health and social care sector with the potential for application in other areas of North Wales and create opportunities for training through Welsh Language.
- To ensure purposefully designed accommodation which will meet the care needs of individuals both now and into the future.
- To deliver value for money through the efficient use of resources and delivery of environmentally sensitive accommodation that is carbon neutral.

This Impact Assessment supports the process, in considering potential impacts upon service users.

Nature of evidence considered / to be used (including baseline data, technical and qualitative research, expert and community knowledge)

- Gwynedd Population Needs Assessment 2022 – with specific regard to nursing care, residential care and dementia / mental health care
- North Wales Market Stability Report (draft 2022)
- Care Home Commissioning for Older People (Audit Wales Report)
- Activity trends / data relating to Delayed Transfers of Care / Medically Fit for Discharge and Emergency Admission data (Dwyfor area)

- Current provision of care homes (residential and nursing) in Llŷn & Eifionnydd area
- Welsh Language data

1. Key population groups affected by the programme, policy or project.

Using the list of vulnerable and disadvantaged groups included, assess which groups amongst the general population will potentially be affected by the proposal

This development should bring significant, positive benefits to the **older population group** who have **residential and nursing care needs including older people with dementia**. There should be no disadvantage as a consequence of this development - which replaces the Penrhos Polish Home that was located on the site until 2019. It will also bring positive benefits to the **general adult population** who will also be eligible for care within the care home (over 50s) and for whom there will be a range of employment opportunities as a result of the development.

The proposed care home will be located in a rural area on the Llŷn peninsula and as such the development will positively impact people **who live in a key setting – a care home, as well as those living in areas known to exhibit poor economic and/or health indicators, those living in isolated/over-populated areas and those unable to access services and facilities**.

The proposed new, expanded care home will improve access to residential and nursing care locally, preventing the need for individuals and families to travel long distances and ensuring the delivery of more care closer to home. This will also positively impact **older people and their families on low income**, as travel costs will be reduced.

The new care home facilities will provide services and care for people based on need which includes **people with physical or learning disabilities/difficulties**. There will be a sustained emphasis on delivering care to people in the Welsh Language (if their first language of choice) and **preserving the Polish and Welsh cultural heritage of the site**.

Vulnerable groups

Age related groups

- Children and young people
- Early years including pregnancy and 1st year of life
- General adult population
- Older people

Income related groups

- People on low income
- Economically inactive
- Unemployed/workless
- People who are unable to work due to ill health

Groups who suffer discrimination or other social disadvantage

- People with physical or learning disabilities/difficulties
- Travellers
- Single parent families

- Lesbian and gay and transgender people
- Black and minority ethnic groups
- Religious groups
- Homeless people
- Language/culture groups
- Refugee groups
- Lone parent families
- Carers
- Ex-offenders
- Looked after children

Geographical groups

- People living in areas known to exhibit poor economic and/or health indicators
- People living in isolated/over-populated areas
- People unable to access services and facilities
- People in key settings e.g workplaces, hospitals, schools, care homes, prisons

2. Using the Determinants of health and well-being checklist below, consider:

- how (in what way either positively or negatively or unintentional)
- to what extent (significant / moderate / minimal impact)

These groups within the population and the general population itself may be affected by the proposal or that the proposal may have implications for - and summarise it for each section on the screening sheet below.

Any missed opportunities for enhancing the proposal can be listed under the positive (+) column. Any unintended consequences or impacts on health and wellbeing can be listed under the negative (-) column. If there are no likely impacts or they are very minimal then move to the next section.

Ask the question: How does this proposal impact upon these determinants, for example, physical activity or diet (within Lifestyles section) in a positive or negative way? Or not at all?

Determinants of Health

Lifestyles	
Positive Impacts / Opportunities	Negative / Unintended Impacts
<ul style="list-style-type: none"> ▪ The design of the care home facilities will be fit for purpose and will include outside space to encourage residents and staff to walk and keep mobile, as well as walking routes inside the building ▪ The full dietary needs of residents will be catered for to ensure a balanced intake ▪ The environment will incorporate spaces for activities and leisure to promote interaction and creativity to improve wellbeing 	<ul style="list-style-type: none"> ▪ None
Social and Community Influences on Health	
Positive Impacts / Opportunities	Negative / Unintended Impacts

<ul style="list-style-type: none"> ▪ The care home will enable H&SC professionals to work collaboratively both within the facility and across the wider site. The CRT will be based on site also which will promote integrated working improving continuity of care for service users, enabling all care professionals to easily access the full spectrum of care delivered on the site and link in with other community and third sector services, as appropriate. ▪ Faster response by H&SC professionals working on site to people's changing care needs which should improve continuity of care. ▪ Opportunities to involve local community in local groups and wider community within the care home facility – for example promoting inter-generational initiatives with local schools. ▪ Opportunities for third sector groups to use space and support care home. ▪ Opportunities to highlight local activities and enable people to look for ideas using Dewis. 	
Mental Wellbeing	
Positive Impacts / Opportunities	Negative / Unintended Impacts
<ul style="list-style-type: none"> • Expansion of care home accommodation will improve access to specialist care for those with dementia and mental health needs • Co-location of CRT on site – including CMHT members / services will present increased opportunities to access support on a “one stop” basis • Extensive, peaceful, natural location of the Penrhos site as well as dedicated access for the Care Home residents to the outside will provide a therapeutic and sensory environment for those with mental health needs and general wellbeing services • Promotion and awareness of available support for the 5 ways of well-being will be available. • As a new, well designed facility, the care home will engender pride and positivity that will help to maximise the outcomes • Positive impact on staff through new working practices 	<ul style="list-style-type: none"> • The Department of Health and Social Care estimates that 75% of people with mental health problems may not be getting access to the treatment they need¹
Living and Environmental Conditions affecting Health	
Positive Impacts / Opportunities	Negative / Unintended Impacts
<ul style="list-style-type: none"> ▪ Contribution to the overall regeneration of the area. ▪ New care home accommodation will meet 	<ul style="list-style-type: none"> ▪ There may be an increased cost of travel walking or driving or travel time, for some people.

¹ Transforming Community Conflict A Report By Mediation Hertfordshire, 2021

<p>building regulations, including environmental standards and sustainability, energy efficiency and decarbonisation targets.</p> <ul style="list-style-type: none"> ▪ Accessible facilities, enables ease of access for vulnerable groups ▪ Increased focus on prevention supports sustainability of service delivery in the face of increase in demand forecast. ▪ Signage will be bilingual and environment will be dementia friendly and designed to take account of visual impairment, along with hearing loops and accessible toilet facilities, baby change ▪ Aim to meet the sustainable development principles re WCFG Act. ▪ Opportunities to support active travel and ensure reliable public transport options. ▪ In light of Covid 19 lesson learnt re infection control and reducing transmission i.e.: ventilation latest technology in built 	<ul style="list-style-type: none"> ▪ Cost of travel for carers /issues.
Economic Conditions affecting Health	
Positive Impacts / Opportunities	Negative / Unintended Impacts
<ul style="list-style-type: none"> ▪ The development is expected to contribute positively to the local economy (for example in terms of building and employment opportunities) and towards regeneration. ▪ The development phase will create employment opportunities in the locality. 	<ul style="list-style-type: none"> ▪ Some of the employment opportunities and health impacts may be short term or temporary or may not be sustained. ▪ Those without access to their own transport may be at greatest disadvantage.
Access and Quality of Services	
Positive Impacts / Opportunities	Negative / Unintended Impacts
<ul style="list-style-type: none"> ▪ Co-location of health and social care professionals within the care home and the CRT based on site promotes an integrated approach to the delivery of high quality care. ▪ Full spectrum of care provision available on the site reducing / preventing the need to travel for those living locally. ▪ The care home is expected to be close to public transport and with a level of parking opportunities, including for those with disability access needs. 	<ul style="list-style-type: none"> ▪ Some people accessing the care home facilities may need to travel further, this may be more challenging for people who rely on others to assist and/or rely on public transport and this may have a financial impact.
Macro-economic, Environmental and Sustainability Factors	
Positive Impacts / Opportunities	Negative / Unintended Impacts
<ul style="list-style-type: none"> ▪ Contributes to environmental and sustainability targets, aligned with the Wales regulatory requirements and the decarbonisation agenda ▪ Long term regeneration of the area 	<ul style="list-style-type: none"> ▪ Need to consider the environmental impact of having one or more buildings/premises. ▪ Transport and access

Summary of Potential Health Impacts Identified

As with other elements of the planning, engagement and expected design of the healthcare development; this qualitative Health Impact Assessment will be kept under regular review by the local project board and any subsequent body once the development is complete. It will form a formal part of the benefits realisation plan for the healthcare hub.

Positive Impacts

Potential for:

- Improved access to residential and nursing care, including for those people with dementia
- Fit for purpose, high quality accommodation for those with long term care needs which is fully accessible and dementia friendly
- Keeping care 'Close to Home'.
- Good design (both within and outside care home) which promotes wellbeing - optimising access to the outside / nature and the beautiful location, promoting walking, mobility and ensuring the provision of a balanced diet to residents
- Co-location and close working of health and social care professionals both within the care home and across the Penrhos site leading to better care outcomes and high quality of care
- Contributing to environmental and sustainability targets, aligned with the Wales regulatory requirements and decarbonisation commitments.
- Contributing positively to local economy
- Adding to community and population resilience.

Negatives Impacts / Unintended Consequences

- Location of care home could become further away for some people – depending on availability of placements for those living further away (south Gwynedd)
- Transport challenge for some of the community
- For adequate staffing levels of the care home (with the requisite skills) to be sustained over time, it will require an innovative staffing model to be developed.

Impacts on Vulnerable groups

- Overall positive impact on all vulnerable groups highlighted above through improved access to care provision, well designed new facilities, as well as opportunities for employment locally.
- Significant positive impact in particular on older people (and adults) with long term residential, nursing and dementia care needs being able to access this care locally and improved quality of care delivered in fit for purpose facilities and environment and those with dementia to access care
- Engagement plan to be tailored to use a range of tools and mechanisms to meet hard to reach groups.

Recommendations:

a. **Are the impacts that have been identified above enough to warrant a more comprehensive health impact assessment?**

HIA to evolve aligned with engagement findings and next stages of the project and refining options.

b. **Do any additional actions need to be taken as a result of this HIA process? If Yes, please outline (list recommendations and/or mitigation/enhancement here)**

Recommended Actions:

1. Next stage of engagement for wider project – relating to care home phase - at OBC to incorporate specific and hard to reach groups and a focus on those who did not participate in SOC engagement.
2. Engagement with hard to reach groups
3. Staff engagement and consideration of culture and ways of working

c. If a further HIA is required, outline next steps (E.g. Date and time of scoping meeting)

Have there or will there be other impact assessments conducted? i.e.: Equality Impact Assessment, Environmental Impact Assessment. Or will this form part of one?

- Any requirements and timings for any other potential impact assessments for OBC stage onwards if any – to be agreed.
- EQIA screening: undertaken at SOC
- Socio Economic Duty Assessment: agreed as not appropriate as decision already taken in 2019 (WG) to close home and replace through public sector partnership provision
- Rapid Desktop Health Impact Assessment: in development ready for OBC with small group input expected initially
- Data Protection Impact Assessment Screening: in development ready for OBC and further review / monitoring